

**PHYSICIANS' YOUTHFUL RESOLUTIONS  
REGENERATIVE MEDICINE & ANTI-AGING**

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Co-Founder of Physicians' Youthful Resolutions  
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*Health=Beauty*

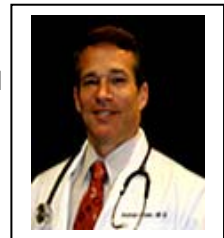
This year the American Board of Anti-Aging Medicine celebrates ten years of the science of anti-aging medicine. The physicians of Physicians' Youthful Resolutions are proud to be a part of this extraordinary anti-aging medical movement which embraces innovative medical discoveries and technological advancements. Our patients are truly experiencing life-enhancing benefits through the latest advances in both service and science.

Physicians' Youthful Resolutions is a concierge medical practice wherein the doctor-patient relationship is taken to "the next level" of care through greater focus on all aspects of one's physical, emotional and mental well being. Our Anti-Aging and Regenerative Medicine Program is a comprehensive approach designed to enhance the quantity and quality of our patient's lives. As our physicians are not bound by insurance regulations that dictate office visit time and/or treatment, they are able to practice advanced medicine specifically tailored to the unique needs of each patient. At Physicians' Youthful Resolutions, you will feel secure knowing that your regenerative medicine and anti-aging care is provided by Board Certified Medical Doctors in a safe and private environment.

Make today the day you reclaim your youthful inner-self through the power of knowledge. Let us show you the amazing benefits of advanced hormonal therapy, nutritional and herbal supplements, proper diet, exercise, nutraceuticals and personal counseling. It's never too late to discover a younger looking appearance, increased energy and mental clarity, and a healthier, happier life.



Andrew H. Jurow, M.D. is a graduate of the University of Southern California and is board certified in Obstetrics and Gynecology. He is the former Chairman of the Department of Obstetrics and Gynecology at Mills-Peninsula Hospital. He is also an examiner for the Board of Medical Quality Assurance for the State of California. During his tenure, he initiated the anti-aging and wellness program at the community level. Dr. Jurow, along with his wife, Dr. Barbie Barrett, attends the latest lecture series given nationwide to remain contemporary in anti-aging related issues.



Dr. Jurow was specifically mentioned in Suzanne Somers' book: "Breakthrough: Eight Steps to Wellness." Dr. Jurow's patients benefit from his knowledge of Eastern and Western medicines, natural and herbal supplements. He has more than twenty years of experience in prescribing and monitoring hormones. The administration of bio-identical and pharmaceutical human growth hormone continues to assist his patients maintain the hormone levels consistent with levels we experienced in our youth. It is Dr. Jurow's goal for his patients to experience a more integrated quality of life by enhancing their physical, emotional and mental well being.

*Discover the Beauty of Science at Physicians' Youthful Resolutions*

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