



Coffee Talk

# Anti-Aging Risks and Rewards

Thursday, Nov. 19, 2009

7-8:30 p.m.

Hendrickson Auditorium, Mills Health Center  
100 S. San Mateo Drive, San Mateo

Featuring:

Barbie J. Barrett, M.D. and Andrew H. Jurow, M.D.

Dr. Barrett is board certified by the American Board of Anti-Aging and Regenerative Medicine, as well as the American Board of Emergency Medicine. She is a Clinical Assistant Professor at Stanford University and Medical Center and a trainer and medical advisor in cosmetic and trauma skin care.

Dr. Jurow is board certified by the American Board of Anti-Aging and Regenerative Medicine. He is a graduate of the University of Southern California and is board certified in Obstetrics and Gynecology. He is the former Chairman of the Department of Obstetrics and Gynecology at Mills-Peninsula.

- Can the aging process be slowed? Can we increase the healthy years?
- Anti-aging or regenerative medicine treats the cause rather than the effects of aging
- Anti-aging medicine is documented and supported by medical literature
- What are bio identical hormones and how are they different?
- Anti-aging aesthetic medicine includes over-the-counter, prescription solutions and laser therapies
- Review risks and rewards of anti-aging medicine

**FREE**

**RSVP by November 18 to Karen Malekos-Smith at 650-696-5908 or [malekok@sutterhealth.org](mailto:malekok@sutterhealth.org)**